

Inverness Highland Ball Group Rally in North Kessock Hall IV1 3XS  
Friday 5th July 2019 Music by Frank Thomson 8 pm Dancers £8 Spectators £5

**1 WELCOME TO THE DANCE (J32) Round the Room Elinor Vandegrift Let's All Dance**  
<https://www.scottish-country-dancing-dictionary.com/dance-crib/welcome-to-the-dance.html>

Round the Room Dance 2 facing 2

- 1- 8 All circle 4H round & back
- 9-16 All dance RH across & LH back
- 17-24 1M+2L **also** 1L+2M turn RH & turn LH
- 25-32 1s+2s Adv+Ret, 1s **also** 2s advance & pass RSh to meet the next couple

**2 SCOTT MEIKLE (R4x32) 4C set Alice McLean Laurieston Coll 1 & RSCDS Bk 46**  
<https://www.scottish-country-dancing-dictionary.com/video/scott-meikle.html>

- 1- 8 1s cross RH & cast to 2nd place. 2s step up on 3&4. 1s dance 1/2 Fig of 8 round 2s
- 9-16 1s+3s dance Right Hands across, LH back
- 17-24 1L followed by 3L dance Tandem reel of 3 across with 2s (LSh to 2M) & 1s end 3rd pl **while** 3M followed by 1M dance reel of 3 across with 4s (LSh to 4L) & 3s end in 2nd place. 2 3 1 4
- 25-32 1s+4s dance 1/2 R&L, turn partners RH 1.1/2 times. 2 3 4 1

**3 UP AND DOWN BEN NEVIS (S3x32) 3C set M Ross Diamond Jubilee Coll**  
<https://www.scottish-country-dancing-dictionary.com/video/up-and-down-ben-nevis.html>

- 1- 8 3s set & cast up behind 2s, dance up between 1s & cast to 2nd place own sides. 2s step down on 3&4.
- 9-16 3s dance 1/2 reels of 3 across (3M UP with 1s, 3L DOWN with 2s), dance 1/2 reels of 3 across with other couple
- 17-24 1s+3s Set+Link (top 2 couples), 1s+2s Set+Link 3, 2, 1
- 232 2s followed by 3s dance Fig of 8 DOWN round 1s to end 2 3 1

**4 LASSIE COME & DANCE WITH ME (J8x32) 3C (4C set) Harry Rhodes SCD Archives**  
<https://www.scottish-country-dancing-dictionary.com/video/lassie-come-and-dance-with-me.html>

- 1- 8 1s set advancing, turn 2H, cast down 1 place & cross RH to face out in 2nd place.
- 9-16 1s dance reel of 3 on opposite sides, 1s giving RSh to 1st corner & end facing 1st corners
- 17-24 1s set to 1st corners & turn 2H, set to 2nd corners & turn 2H
- 25-32 1s dance LShldr reels of 3 across (Man with 2s & Lady with 3s) & cross Rhand back to 2nd place own sides

**5 POLHARROW BURN (R5x32) 5C set Hugh Foss Glendarroch SD Sheets**  
<https://www.scottish-country-dancing-dictionary.com/video/polharrow-burn.html>

- 1- 8 1s & 3s cross RH, cast 1 place (2s & 4s step up on 3 & 4). 1s & 3s dance 1/2 Fig of 8 round couple above them
- 9-16 1s & 3s turn RH then LH (long turns) to face 1st corners **while** 2s & 5s 1/2 turn RH & chase clockwise to other end of set – 1M followed by partner dance down ladies' side and 5L followed by partner dance up men's side.
- 17-24 1s & 3s dance 1/2 Reels of 4 with 1st corners then 2nd corners
- 25-32 1s & 3s dance 1/2 Reel of 4 with 3rd corner, turn partner LH & cast down 1 place own sides. (4s & 5s step up on 31 & 32) 2 4 1 5 3

**6 CITY OF BELFAST (S3x32) 3C set Lucy Mullholland Belfast Diamond Jubilee Bk & RSCDS Bk 48**  
<https://www.scottish-country-dancing-dictionary.com/video/city-of-belfast.html>

- 1- 8 1s dance 1/2 Fig of 8 round 2s, 1L+2M turn RH 1.1/4 times while 1M+2L turn LH 1.1/4 times & 1s end BtoB facing opp sides
- 9-16 1s+2s dance Rshldr reel of 4 across & 2s end in 1st places while 1s pass LSh to face 1st corners
- 17-24 1s set to 1st corner & 2nd corner ending (turning to right) between corners, all set & 1s cross RH
- 25-32 1s+3s dance Espagnole:-
  - `25-26 1s+3s cross (Ladies lead across RH passing between Men) with Ladies changing places RH
  - `27-28 1s+3s cross back (Men lead across RH between Ladies) with Men changing places RH
  - `29-32 3s turn RH as 1s turn LH to end 2 3 1

**7 MAJOR IAN STEWART (J8x32) 3C (4C set) John Drewry RSCDS Bk 35**

<https://www.scottish-country-dancing-dictionary.com/video/major-ian-stewart.html>

- 1- 8 1s+2s 1/2 turn partners RH and retain hold. 1s & 2s dance RH across 1/2 way and retain hold of partner's hand, 2s+1s full turn partner RH ending with 2s at top facing out & 1s in 2nd place
- 9-16 2s+1s+3s dance reels of 3 on own sides (1L dances in & up **as** 1M dances in & down to start, 2s dance out and down, 3s dance out and up) & 1s end facing 1st corners
- 17-24 1s set to 1st corners then to each other across the dance, set to 2nd corners & Petronella turn to 2nd place own sides – Hello/Goodbye
- 25-32 2s+1s+3s circle 6H round to the left for 6 steps, pivot right foot over left & chase back to places. Repeat having passed a couple.

**8 THE COUNTESS OF DUNMORE'S REEL (R8x32) 3C (4C set) Deidre MacCuish RSCDS Bk 49**

<https://www.scottish-country-dancing-dictionary.com/video/countess-of-dunmores-reel.html>

- 1- 8 1s set, dance down below 3s, cast up to 2nd place & set advancing passing by the left to face 1st corners (2s step up 3-4)
- 9-16 1s turn 1st corners RH, pass RSh, turn 2nd corners RH, pass RSh to 2nd place own side facing out (corners dance 4 bars)
- 17-24 Promenade (Chaperoned) Chain progression: -
- 17-18 1M casts up, 1L casts down **as** 2s+3s turn 3/4 RH into line up/down set
- 19-22 1M+2L & 1L+3M, in prom hold dance clockwise to opp end of line **as** 2M+3L (in middle) turn 1.1/2 LH
- 23-24 1s dance clockwise to 2nd place own side **as** 3s+2s turn partners 3/4 RH to own sides. All face clockwise 3 1 2
- 25-32 3s+1s+2s dance clockwise 1/2 round set. All set, cross RH to own sides. 2 1 3 4

**9 RETURN TO SHIELDAIG (S3x48) 3C Set**

**Gordon Thomson 12 SCDs**

<https://www.scottish-country-dancing-dictionary.com/video/return-to-shieldaig.html>

- 1- 8 1s+2s dance double Fig of 8 (1s cross down to start, 2s dance up the sides)
- 9-16 1s dance Inveran reels with 2s+3s
- 17-24 1s turn 2H & cast 1 place, cross RH & cast Right Shoulder round 1st corner into line across -1L with the 2s facing down and 1M with the 3s facing up.
- 25-32 1s dance Diag R&L (up/down) going to right to start
- 33-40 All Set+Link for 3, turn partner 2H. 3 1 2
- 41-48 1s+2s (bottom 2 couples) dance Diamond Poussette

**10 IAN POWRIE'S FAREWELL TO AUCHTERARDER (J128) Sq.Set**

**Bill Hamilton**

<https://www.scottish-country-dancing-dictionary.com/video/ian-powries-farewell-to-auchterarder.html>

- 1- 8 All circle 8H round to the left & back
- 9-24 Ladies dance in front of partner & behind next Man, into RH across, in front of Man opp own ptr & behind next Man, into RH across & back to place
- 25-32 All Promenade clockwise
- 33-40 1s & 3s dance cl'wise behind next couple & Men dance past cpl **as** Ladies dance in between cpl & both turn Right about to face side couple, all set & turn RH
- 41-48 All dance parallel Right Shoulder reels of 4 across the dance
- 49-56 1s & 3s dance a full Fig of 8 round the standing 2s/4s
- 57-64 1s & 3s dance LH across, 1s & 3s dance back to places (Men round side couples & Ladies through the standing 2s & 4s)
- 65-96 2s & 4s repeat 33-64
- 97-104 All Promenade anticlockwise
- 105-120 Men dance in front of partner & behind next Lady, into LH across, dance in front of Lady opp own partner & behind next L into LH across & back to pl
- 121-128 All circle 8H round to the right & back (popular variation - 8 hands all the way round to right)

**Interval**

**11 MACDONALD OF KEPPOCH (M-(S64+R64)) Sq.Set**

**Chris Ronald RSCDS Bk 49**

<https://www.scottish-country-dancing-dictionary.com/video/macdonald-of-keppoch.html>

- 1- 8 1s+3s dance 6 bars R&L (Men polite turns) to finish in centre B-to-B with partner facing side couples (1L+2L, 1M+4M, 3L+4L, 3M+2M). All set
- 9-16 Right Shoulder Reels of 4 across. Finish in **line up/down the dance with Ladies (in middle) facing, 1M facing down, 3M facing up**
- 17-24 Reel of 4 (1L+3L pass Right Shoulder in the middle to begin) All pass LSh at ends, RSh in middle. Finish in original places facing partners
- 25-32 All set, all turn partner RH 1.1/4 (4 bars) into promenade hold & dance 1 place anticlockwise. Repeat from new positions in Strathspey then twice in Reel time back to original places

**12 TORRIDON LASSIES (J8x40) 3C (4C set) John Brenchley Kangaroo Paw**

<https://www.scottish-country-dancing-dictionary.com/video/torridon-lassies.html>

- 1- 8 1s cross Right Hand & cast 1 place, 1s dance Left Hands across (1L with 2s, 1M with 3s) & end facing 4th corner -1L faces 2L and 1M faces 3M
- 9-16 1s set to corners then to partner up/down the dance (**4 bars hello/goodbye**) & end facing 1st corners, turn **corners RH for 4 bars** & pass partner LSh to face 2nd corners
- 17-24 1s dance **1/2 diagonal reel of 4** with 2nd corners & pass LSh to face 3rd corners (1L faces 3L as 1M faces 2M), 1s set to corners then set to partner across the dance (**4 bars hello/goodbye**) & end facing 4th corners
- 25-32 1s turn 4th corner (pstrn) **RH for 4 bars** & pass partner LSh to face 1st corners, 1s dance **1/2 diag reel of 4** with 1st corners & pass RSh to BtoB (1M facing up, 1L facing down)
- 33-40 1s dance RSh round 2nd corners & 1/2 Fig 8 (1L up, 1M down) **while** 2s+3s set & cross RH, set (facing up/down) & change pl RH on sides. 2 1 3 4

**13 THE FALLS OF ROGIE (R8x32) 3C (4C set) Jean Attwood Alexander Bk 1**

<https://www.scottish-country-dancing-dictionary.com/video/falls-of-rogie.html>

- 1- 8 1s cross RH & cast 1 place, 1s cross RH & cast 1 place (Man up Lady down)
- 9-16 1s dance 1/2 LShldr reels of 3 across (1M with 2s & 1L with 3s), set in lines across & change places RH with opposite person
- 17-24 2s+1s+3s chase cl'wise 1/2 way, 1s dance in & turn RH to face 1st crnr pstrns **as** 2s & 3s continue to chase on to places (**as** bar 16) on opp sides
- 25-32 1s dance 1/2 reel of 4 with 1st corners, passing RSh dance 1/2 reel with 2nd corners & cross passing RSh to 2nd place own sides

**14 AUTUMN IN APPIN (S4x32) 4C set 2 chords John Drewry RSCDS Bk 31**

<https://www.scottish-country-dancing-dictionary.com/video/autumn-in-appin.html>

**3s & 4s start on opp. sides**

- 1- 8 2s+3s Petronella turn into centre & set to partner (Men BtoB), 2s+3s 3/4 turn partner RH and retain hold & dance RH across 1/2 way to change places & end with other partner in prom hold ladies turning towards other partner. (2M+3L facing Men's side & 3M+2L facing Ladies' side)
- 9-10 1s & 4s Petronella turn into centre while 2M+3L dance out & up on Men's side & 3M+2L dance out & down on Ladies' side
- 11-12 1s & 4s set to partner while 2M+3L/3M+2L cross to other side passing between 'gates' (1s & 4s)
- 13-14 1s & 4s 1/2 turn RH into prom hold (1s facing Ladies' side & 4s facing Men's side) while 2M+3L/3M+2L dance down/up sides
- 15-16 All Promenade cl'wise 1 pl to end in square set (1s on Ladies' side facing 4s on Men's side, 2M+3L in 4th pl face up as 3M+2L in 1st pl face down)
- 17-24 1s+4s dance 1/2 Ladies' Chain across the dance, 2s+3s dance 1/2 Men's chain (2s & 3s ending with Lady on Man's left)
- 25-32 All set in square set & circle 8H round to left for 4 bars, dancing into centre on bar 30, turn right & spiral out to own side lines ending **2 4 (1) (3)**

**15 FATHER CONNELLY'S JIG (J4x64) 4C set**

**John Drewry Donside Bk**

<https://www.scottish-country-dancing-dictionary.com/video/father-connellys-jig.html>

- 1- 8 1s+2s Set & Rotate : -  
` Set, rotate singly & dance on 1 place clockwise, change places RH on sides & dance on 1 place to own sides (1s in 2nd pl)
- 9-16 1s dance 1/2 diag R&L with 1st corners (**1s look to their right to start**) while 2nd corners set & change places diagonally RH, (corners face out), 1s dance 1/2 reels of 3 on opposite sides – 1L dancing down and 1M dancing up to start.
- 17-24 1s dance 1/2 diag R&L with 3rd corner (pstn) (**1s look to their right to start**) while 2nd corners (position) set & change places diagonally (corners face out), 1s dance 1/2 reels of 3 on own sides – 1L dancing up and 1M dancing down to start.
- 25-32 1s dance **left** shoulder reels of 3 across 1L with 2s & 1M with 3s – 1s finish in 2nd place on own sides.
- 33-40 1s giving Right Hand cross down between 3s dancing out between the 3s & 4s, 1L casts up round 3M & 1M casts down round 4L into the centre, 1s change places LH up/down in centre & cast to 3rd place own sides – 3s step up on 39 & 40.
- 41-56 3s+1s+4s (bottom 3 couples) repeat bars 9-24
- 57-64 All (or bottom 3 couples only) circle 8(6)H round & back

RAFFLE

**16 BEST SET IN THE HALL (J8x32) 3C (4C Set) Helen Greenwood RSCDS Bk 46**

<https://www.scottish-country-dancing-dictionary.com/video/best-set-in-the-hall.html>

- 1- 8 1s set & 1L followed by partner casts below 3s. 1L crosses & casts up to face her 1st corner while 1M dances up the middle to face 1st corner. 2s step up on 7 & 8.
- 9-12 1s set to 1st corners & dance RSh round each other into 3rd corner (pstn) while 1st corners dance in & turn right about to face their original position. (**Dancers in the centre always pull back Rshldr and dance to the corner behind them.**)
- 13-16 1s+1st crnr person set & 1st crnr persons dance RSh round each other into diag opp crnrs while 1s dance in & pivot to right to face 2nd crnrs
- 17-24 1s repeat bars 9-16 with 2nd corners & end passing RSh to 2nd place opposite sides. (3)(1)(2)
- 25-32 2s+1s+3s chase clockwise 1/2 way & turn partners RH

**17 BLOOMS OF BON ACCORD (R4x32) 4C set John Drewry Deeside Bk 2**

<https://www.scottish-country-dancing-dictionary.com/video/blooms-of-bon-accord.html>

**3s & 4s on opp sides**

- 1- 8 All set & 1s+2s also 3s+4s dance RH across once round, 1s & 4s cast in 1 place as 2s & 3s dance to ends. 2 1 (4)(3)
- 9-12 1s & 4s cross RH & cast to ends of set to meet partners in prom hold & dance into centre of dance
- 13-16 1s+4s dance round passing RSh & to end 1s in the middle on Men's side facing up & 4s in the middle on Ladies' side facing down
- 17-24 All (1s & 4s in prom hold) dance right shoulder reels of 3 on sides
- 25-28 4s+1s dance RH across in centre once round to end 4s facing up & 1s facing down
- 29-32 4s & 1s lead out of ends crossing & cast in 1 place to end 2 4 (1)(3)

**18 FAR NORTH QUEENSLAND (S5x32) 5C set John Brenchley The Other Kangaroo Paw**

<https://www.scottish-country-dancing-dictionary.com/video/far-north-queensland.html>

- 1- 4 1s+ 5s cross RH & cast down/up 1 place to finish back to back in the centre ladies facing down and men facing up. (2s+4s step up/down on 3 & 4)
- 5- 8 1M+2s **also** 1L+3s+5M **also** 5L+4s dance circles round to Left. 1s+5s end by pulling back Right shoulder in middle to face partners (Men facing down, Ladies facing up)
- 9-16 1s+5s set, dance 1/2 RShldr reel of 4, set advancing to partners, pass LSh to face 2nd corner positions – 5L faces 3M and 5M faces 2L, 1L faces 4M, 1M faces 3L,
- 17-24 1s+5s dance 1/2 diag. RShldr reel of 4 with 2nd corners, turn LH to face 1st corner positions, dance 1/2 diag. Rshldr reel of 4 with 1st corners, turn LH to face 4th corner positions (partner's 2nd corner position)
- 25-32 1s+5s dance 1/2 diag. reel of 4 with 4th corners. On bar 28 1s + 5s start to turn LH to face out on own sides, cast 1 place (3s+2s step up 31-32) 4 3 5 2 1

**19 THE KENORA REEL (R8x32) 3C (4C set)**

John Drewry Bankhead Bk 2

<https://www.scottish-country-dancing-dictionary.com/video/kenora-reel.html>

- 1- 8 1s cross down & dance reflection reels of 3 on opposite sides **taking hands where possible**, 1s+3s end facing in the middle (1s face down & 3s up)
- 9-16 1s+3s dance Ladies Chain & all end in circle formation
- 17-24 1s+3s set & Petronella-in-tandem to side **as** 2s cross RH & cast round to right, 1s+3s set & petronella to ends **as** 2s change places Right Hand (up/down) & cast to right
- 25-32 1s+2s+3s chase clockwise 1/2 way, 1s cross RH & cast 1 place. 2s step on 31 & 32. Second time through the 3s & 4s join nearer hands and step up together as 1s cast into 4th place on 31 & 32.

**20 GAELFORCE WIND (J8x32) 3C (4C set)**

**Derek Haynes Carnforth Coll 3**

<https://www.scottish-country-dancing-dictionary.com/video/gaelforce-wind.html>

- 1- 8 1s set, cross RH, 1s+2s Set+Link (Ladies face out)
- 9-16 2s+1s Men's Chain – men crossing diagonally with the left hand to start
- 17-24 1s 1/2 Figs of 8 (L up round 2s & M down round 3s), 2s+1s+3s **turn RH** & open into
- 25-32 2s+1s+3s **circle 6H round & back**

(MINICRIB, All Dance Cribs compiled by Charles Upton, Deeside Caledonian Society, and his successors)